

## **Senior Living Options**

Use this chart to help prioritize your requirements among some of the most common decision factors that arise when choosing between senior living options. Identify which facilities will meet you or your loved one's needs.













SERVICES	INDEPENDENT LIVING	ASSISTED LIVING	MEMORY CARE	ADULT FAMILY HOME	SKILLED NURSING FACILITY	IN-HOME CARE
Meals						
Laundry and Housekeeping						
Social activities and programs						
Wellness and exercise programs						
Transportation services	•					
Private Rooms						
Shared Rooms						
On-site caregivers						
Access to licensed nursing						
Medication Management						
Accepts Medicaid Spend -down		(limited options)	(limited options)		(limited options)	
Cost Scale (low, medium, high)	<b>\$\$</b>	<b>\$\$\$</b>	<b>\$\$\$\$</b>	\$\$\$\$	\$\$\$\$\$	\$\$ - \$\$\$\$
Good choice for a person who	Does not need help with acts of daily living, but is looking for community and social activities	Needs light, scheduled care, not at risk of falling, and looking for socialization	Has cognitive needs requiring a secure environment and assitance with all acts of daily living in a community setting	Needs on-demand, one-on-one care due to physical or cognitive issues, is at high fall risk, and/or is looking for quiet home setting	Needs institutional, higher level medical care, such as persistant IV treatment, ventilation, etc.	Need scheduled assistance with acts of daily living on a periodic basis